**Michelle R. Tinkham RN, BSN, MS, PHN, CNOR, CLNC, RNFA**

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I am an experienced Registered Nurse with over 13 years of experience. I have had extensive cross- training in various perioperative and outpatient rehabilitation specialties as well as considerable publishing and editing experience. I am competent in policy/procedure writing, continuing education module writing and editing, and program/staff development. I have been trained as a preceptor/clinical coach, charge nurse, and a super-user in PACS, Tissue Tracker, Brat 2 cell-saver, and Meditech/ McKesson computer charting. I am a member of several professional speakers’ bureaus and regular present education presentations to staff and community members.

**Medical Employment History**

* **Coordinator/RN Lead Cardiac Pulmonary Rehab (Transfer 9/12)** 4/12-present

Coordinates necessary components of national AACVPR recertification. Maintains QI projects related to the rehab program. Provides staff education, policies, and competencies. Direct patient care and patient education for outpatient cardiac and pulmonary rehabs. Presenter of Better Breather classes. Presenter for Pulmonary Rally. Member of professional practice council, evidenced based practice/ research council, Magnet writing committee.

**Clinical Educator- Perioperative**

On-unit and department specific education for 8 surgical services departments, staff competency, skills assessment, new staff orientation, informal staff education, and formal in-services. Member of the research and professional practices councils.

Eisenhower Medical Center- Rancho Mirage, CA

* **General/Vascular/Trauma/Transplant/Bariatric Surgery Resource RN**  6/05-3/12

Scrub/Circulate specialty surgical cases, provide support to staff and

Ensure smooth operation of specialty service lines, Coordinator of EVAR

and Transplant Operating Room programs

Riverside Community Hospital Operating Room- Riverside CA

* **RN Surgery**  8/04-6/05

Traveling Scrub/Circulating Nurse

Supplemental Healthcare Operating Room – Buffalo NY

* **RN Gastrointestinal Lab**  5/03-8/04

Circulate and recover GI Lab patients, provide conscious sedation,

Assist GI physician during procedures

Truxtun Surgery Center – Bakersfield CA

* **RN Surgery/ Post Anesthesia Care Unit** 5/01-5/03

Scrub, Circulate, and Recover surgical patients, Nurse Preceptor, Charge

Nurse

Kern Medical Center – Bakersfield CA

* **RN Home Health**  9/00-11/00

Provide medical care to patients’ in their home, Hospice care

Optimal Home Health – Bakersfield CA

* **RN Administrative Program Specialist** 6/00-5/01

State program providing medical case management to ill children,

Provide staff and provider training regarding program function and

referrals, Case Management, Policy and Procedure writing, Review

of denied cases, Supervision of staff

Kern Public Health Department- California Children Services – Bakersfield CA

* **RN Post Anesthesia Care Unit**  1/00-6/00

Recovery of patients after surgery, Evening charge nurse

Mercy Hospital – Bakersfield CA

* **RN Operating Room, Day Patient Unit**  7/99-7/00

Pre-operative care of surgery and Cath lab patients, Scrub/Circulate

Cardiovascular surgery cases, Recovery of Cath lab patients

Bakersfield Heart Hospital – Bakersfield CA

* **RN Doctor’s Office and Laser Center**  6/99-7/99

Assist Physician in office procedures, Supervision of clerical staff,

Perform laser hair removal and tattoo removal, Provide follow up care of

Post-laser treatment patients, Competency of Ruby, and KTP laser

California Laser Center/ Dr Zora Gill – Bakersfield CA

**Allied Health Staff Privileges**

* **RN First Assistant**  9/07-9/10

Assist surgeons in various surgical cases

Riverside Community Hospital- Riverside CA

* **RN First Assistant**  1/08-12/10

Parkview Community Hospital- Riverside CA

**Independent Contractor positions**

* **AORN** 1/13-present

Column coordinator

* **Medcom** 10/11-present

Content reviewer, SME

* **Myometrix Media, LLC** 11/10-4/12

Medical Writer

* **Nursing CE portal** 7/08- 12/12

Medical Writer

* **Lippincott Williams & Wilkins** 7/09-present

Medical writer, Reviewer, Lead Perioperative consultant

* **RN First Assistant Contracted Provider** 1/08-12/10

Riverside Medical Clinic- Riverside CA

**Education**

* **High School Graduate**

Albany High School – Albany TX

* **Bachelor of Science In Nursing** 1/96-6/99

Major: Nursing, Minor: Psychology, Magna cum Laude

Public Health Nurse Certification

California State University – Bakersfield CA

* **Master of Science in Health Care Administration**  6/01-7/03

Major: Health Care Administration, Magna cum Laude

Ashwood University – Online program

* **Legal Nurse Consultant Certification**  10/06

Home study and onsite program

Vickie Milazzo Institute – Houston TX

* **RN First Assistant Certification**  12/06-6/07

Home study and Suture Star hands-on course, Endovascular Vein

Harvesting and bridging technique training

National Institute of First Assisting/ CCSN – Henderson NV

* **CCI Surgical Services Management Certificate** 04/08-05/11/08

Home study

* **CCI Surgical Services Educator Certificate** 05/12-8/12
* **AARC COPD Educator Certificate** 10/12-12/12
* **NCCPT Certified Personal Trainer Certification** 05/13

**Professional Qualifications**

* RNFA NPI # 1790975654
* RN license #559981 CA
* RN license #94276 TX compact
* Certified Nurse Operating Room (CNOR)
* Certified Personal Trainer (CPT)
* Public Health Nurse Certificate #61319
* Basic Cardiac Life Support (BCLS)
* Advanced Cardiac Life Support (ACLS)
* PBDS Clinical Coach training
* Crisis Prevention/ Workplace Violence Prevention certification

**Affiliated Associations and Honors**

* Sigma Theta Tau International (STTI)

Nursing Honor Society

* Clarice Woodward Excellence in Writing award 2009, 2010
* Abstract Reviewer 2010-2012
* VHL repository reviewer 2013
* Chapter officer
* Vice President elect 2010-11
* Vice President 2011-12
* Psi Chi

Psychology Honor Society

* Alpha Chi

Multi-major Honor Society

* Association of Operating Room Nurses (AORN)
* AORN Congress Delegate 2008, 2010, 2011, 2013
* AORN Congress Poster submission and Education Session Presenter 2010, 2011, 2013
* Congress Voices writer 2008, 2010, 2011
* Grassroots advocacy member 2008-present
* CA State Coordinator 2010-11
* AORN journal CE author 2009, 2010
* AORN book reviewer 2010, 2011, 2012, 2013
* AORN magnet column coordinator 2012-present
* AORN RP project reviewer 2011, 2013
* AORN Subject Matter Expert 2011
* AORN Perioperative Clinics author 2011
* AORN Editorial Board 2012-2015
* Perioperative Resource Network 2009
* Speaker’s Bureau 2009
* Beta tester, 2010
* Clinical Nursing Practices Committee 2010-2011
* Clinical Educator SA Coordinating Council
* National Education Chair 2013-2014
* Endovascular/Vascular SA Coordinating Council
* National Education Chair 2009-2011, 2013-2014
* National SA co-Chair 2011-2012
* National SA past chair 2012-2013
* Chapter officer
* eChapter Nominating committee 2009-2011
* Research Committee
* Membership Committee
* Education Committee
* Inland Empire Chapter Nominating committee 2009-2010
* Fundraiser chair
* Competency and Credentialing Institute (CCI)
* CNOR Champion 2008-present
* CNOR Cut Score/Passing Point Committee 2010
* CNOR item review committee 2012
* CNOR item writer committee 2013
* Society of Vascular Nurses (SVN)
* Core Curriculum chapter author 2010, 2013
* Clinical Excellence in Vascular Nursing Award Winner 2010
* Informatics Committee member 2010
* Scope and Standards for Vascular Nursing Task Force 2010-present
* Operating Room Nursing Council of California (ORNCC) member
* International Women’s Leadership Association
* Woman of Outstanding Leadership in Healthcare 2012
* Cambridge Who’s Who
* Contributing Author
* VIP
* NPAW
* Distinguished Women of 2011
* Lippincott Williams & Wilkins LNPS
* Perioperative Lead Consultant 2010
* Contributor 2009-2010
* LNA- Treatment Plans reviewer 2011
* Content reviewer 2012-present

**Volunteer Work**

* Relay for life (2000), (Team Captain 2009)
* One Legacy Donate Life 5K (Hospital Team Captain 2010)
* Surgical Eye Expeditions (SEE) International Volunteer

Provides needed eye surgeries for disadvantaged persons overseas (2002)

* Avon Breast Cancer Walk

Medical crew volunteer (2003, 2009)

* Fresh Start Surgical Gifts

Provides needed plastic surgery for needy children (2008)

* Leukemia & Lymphoma Society

Team in Training (2008)

* ePals' eMentoring literacy program--In2Books (2008-present)
* Festival of Books- LA Times

Bookworm (area captain) volunteer 2009

* Hands on Inland Empire- United way

Multi-project Volunteer 60+ hrs. 2008-09

Project leader (2009)

* Big Sunday

Project Leader (2009)

* Be the Cause

Casa de Pez Volunteer (2010)

* American Public Media

Volunteer blogger 2010-present

* StudentMentor

Volunteer mentor to medically related college student majors 2010-present

**Publications**

* Vascular Surgery Services: “*Peripheral Vascular Disease”* and “*Abdominal Aortic Aneurysms”*

Nursing CE Portal (7/31/08)

* *“Endovascular Aortic Aneurysm Repair”*

Advance Magazine 5:17 (8/4/08)

* *“The Endovascular Approach to Abdominal Aortic Aneurysm Repair”*

AORN Journal 89:2 (2/09)

* “Perioperative News Unscripted” podcast

AORN Connections (2/4/09)

* “*Fostering a Caregiver’s Spirit: The Importance of Volunteering*”

Create the Future: Sigma Theta Tau (7/09)

* *“General anesthesia, care of a patient in the OR”; “Local anesthesia, care of a patient in the OR”; “Moderate sedation, care of a patient in the OR”; “Vascular surgery, care of a patient in PACU”; “Infection control in the OR”; “Sterile field, establishing and maintaining in the OR”; “Positioning the surgical patient in the OR-general guidelines”; “Transferring a patient on and off the OR table”*

Lippincott’s Nursing Procedures & Skills Online Manual (8/09*)*

* *“Drying Hands and Arms in the OR”; “Transfusing Blood and Blood Products in the OR”; “Use of the OR table, general guidelines”; “Management of Death in the OR”*

Lippincott’s Nursing Procedures & Skills Online Manual (9/09*)*

* *“Regional Block, Care of the Patient in the OR”; “Peripheral Nerve Block, Care of the Patient in the OR”; “Draping, Gynecological Surgery”; “Draping, Thoracic Surgery”;* Lippincott’s Nursing Procedures & Skills Online Manual (10/09*)*
* *“Care of the Patient Undergoing Surgical Excision of a Carotid Body Chemodectoma”*

AORN Journal 91:1 (1/10)

* “*Infection Control in PACU”; “Post-operative Assessment in PACU”; “Discharge of the patient from PACU”; Local Anesthesia, Care of the patient in PACU”; Malignant Hyperthermia, Care of the patient in PACU”*

Lippincott’s Nursing Procedures & Skills Online Manual (2/10)

* *“Chemodectoma of the Carotid Body: A Case Study”* Poster presentation

AORN Congress 3/10

* *“Reprocessing of Single Use Devices: Do the Benefits Outweigh the Potential Dangers”* Perioperative Nursing Clinics 5 (2010*)*
* *“Operating Room Competency for the Healthcare Sales Representative” 4 part series*

*Nursing CE Portal (7/10)*

* *“Book Review: The AMA Guide to Leadership”* AORN journal 92:3 (9/10)
* “*The Value of Online Education”* SVN…prn Vol 17:3 (9/10)
* *“How Artistic Expressions Can Improve Your Overall Health”* Cambridge Who’s Who

<http://www.cambridgewhoswhoauthors.com/20100930-how-artistic-expressions-can-improve-your-overall-health/> (9/30/10)

* *“Book Review: Transforming Healthcare through the Arts”* AORN journal 92:6 (12/10)
* *“Ablation therapy for arrhythmias, Bowel resection, Bronchoscopy, Debridement, Endometrial ablation, AV malformations, Breast cancer, Crohn’s disease”* Lippincott’s Nursing Advisor 2011- reviewer.
* *“Positioning Supine in the OR, Positioning- General Principles in the OR, Positioning High Lithotomy in the OR, Positioning Low Lithotomy in the OR, Positioning Lateral in the OR, Positioning Prone in the OR, Positioning Sitting in the OR, Care of the patient receiving Moderate Sedation in the OR, Back Table Arrangement- Abdominal Procedures, Draping a Mayo Stand, Draping for Abdominal Surgery.”* Lippincott’s Nursing Advisor 2011- reviewer
* *“CNOR Review Exam.”* Myometrix Media LLC 1/2011- Medical writer
* *“NCLEX cheat sheet.”* Myometrix Media LLC 4/2011- Medical writer
* “*Book Review: Anatomy of Writing for Publication for Nurses*” AORN journal 93:5 (5/11)
* “*Foreign Object Retained After Surgery”* Lippincott 10/2011- Content reviewer
* *“Peripheral Vascular Series”* Medcom 10/2011- content reviewer
* *“NG placement and Balloon feeding tube replacement” DVD Medcom 10/2011- content review and on-site consultant*
* *“Risk Management Series” Medcom 11/2011- content reviewer*
* *“Legal Issues in Home Care” DVD Medcom 11/2011- content reviewer*
* *“Book Review: Stress-Related Disorders Sourcebook 3rd Edition”* AORN journal 95:1 (1/12)
* *“Fire Safety: The Healthcare Representative’s Guide”*  Nursing CE Portal 2/2012
* *“National Patient Safety Goals 2012: The Healthcare Representative’s Guide”*  Nursing CE Portal 3/2012
* *“Caring for the Stoma”* DVD Medcom 3/12- content reviewer
* *“The Importance of the Preoperative History and Physical”* OR Nurse 2012 6(3) 5/2012
* *“Malignant Hyperthermia for Surgical Services”* Net Learning course- EMC 5/12
* “ *Basic Clinical Skills: Urethral Catheterization”, “Suctioning: Nasotracheal Suctioning and Monitoring Complications”, “Suctioning: Oropharyngeal and Endotracheal Techniques”,*

*“CPR: A Guide for Healthcare Workers”,” Infection Control for the CNA”,” Measuring Vital Signs for the CNA”, “Moving and Turning Skills for the Care Provider”, “Transfer and Ambulation Skills for the Care Provider”, “Personal Care Skills for the Care Provider”, “Providing Oral Care for the Care Provider”, “Elimination, Specimen Collection and Urinary Care”, “Techniques in Toileting and Incontinent Care”, “Serving A Meal, Range of Motion Exercises”,” Bedmaking the Right Way”,” Measuring Weight,” Positioning Techniques, Techniques in Bathing”, “Recognizing Abnormal Signs and Symptoms”,” Ostomy, Urinary Drainage and Catheter Care”,” Basic Cardiac Monitoring: Understanding Fundamentals”, “Pressure Ulcers in Adults: Prediction and Prevention”, “Controlling Violence in Healthcare,” “Standards for Infection Control: Part 1: Principles of Infection Control”, “Standards for Infection Control: Part 2”:” Preventing Bloodborne Pathogens Transmission, Standards for Infection Control,” “Part 3: Tuberculosis Prevention and Practices for the Healthcare Worker, Infection Control and Standard* *Precautions:, “Guidelines for Professionals, Tuberculosis: New Strategies for the Healthcare Worker, Medical Errors, “Part 1: New Approaches to an Old Problem, Medical Errors,”* “*Part 2: Prevention Practices, Medical Errors, Part 3: Preventing Medication Errors,”* *Documenting Care: The Charting Process,” “Nursing Negligence: Protect Yourself, Protect Your Patients,” “Preventing Health Care-Associated Infections,” “Preventing Health Care-Associated Infections in Long Term Care,” “Basic Oxygen Administration,” “Restraints: Legal Considerations and Patient Rights,” “Restraints: Alternatives to Restraints,” “Restraints: Safe Application of Restraints,” “The Challenge of Healthcare Literacy,” “Administering Medications: Medication Safety and Oral Medications,” “Administering Medications: Topical, Suppository and Inhalant Medications,””Administering Medications: Injections.”* Medcom- Video Reviewer (43) 6/2012

* *“ 6 Must Have Tools for Today’s Educator“ AORN* Periop Insider- Interview 6/27/2012
* “*Health Care Worker Safety in Surgery*” Net Learning Course- EMC 6/12
* *“Enteral Feeding tubes” Pt 1,2,3; “Ostomy” and “NG tube” program*- Medcom- Video Reviewer 7/2012
* “*Skin preparation, preoperative”, “Sterile technique, basic”, “Surgical asepsis, hand scrub”,” Surgical asepsis, surgical attire”, “Surgical site verification*”- Lippincott's Nursing Procedures & Skills- Review 7/12
* *“Anesthesia and Perioperative Care for Aortic Surgery”* book review – AORN J 96(1) 7/12
* “*Handling and Care of Surgical Specimens*”- Net Learning Course- EMC 8/2012
* Feeding Tube video series (review)- Medcom- 11-12/ 2012
* Blood Borne Pathogen video series (review)- Medcom- 11-12/2012
* Oncology series, Communication series- (review)- Medcom- 12/2012
* Pursuing Magnet Designation: Step One Choosing a Professional Practice Model *(AORN J column* 97(1) 1/13: 136-139.
* The Road to Magnet: Structural Empowerment (*AORN J column* 97(2) 2/13: 253-256.
* Editorial Board Outlook *AORN Journal*- 2/13 97(2):172
* Magnet Insights: Implementing New Knowledge, Innovations, and Improvements. *(AORN J column 97(5)* 5/13: 579-581
* Care of the endovascular repair patient with an endoleak. *OR Nurse 2013* 5/13: 32-40.
* *“Vascular Trauma” and “Thoracic Surgery”*

Society of Vascular Nursing

The Core Curriculum for Vascular Nursing 2nd Edition (*in process*)

* OR modules (yearly reviews)- all specialties- Medcom- 09-11/13
* Magnet Insights: The Road to Magnet: Encouraging Transformational Leadership (AORN J column 98 (2): 186-188
* Author Profile. Elsevier Issue 6 http://www.elsevier.com/journal-authors/authors-update/issue-6/author-profile 9/13
* “Hearts Rehab: Cardiac Rehabilitation Gets Heart Patients Back to their Lives” (Interview) Healthy Living 11/12-2013: 46-47.
* Robotic Surgery series (6 modules)- Medcom- 12/13
* Magnet Insights- Practice Models—Developing, Revising, and Adopting the Best Structure for Your Organization *(*AORN J column 99(2): 312-314*)*
* Practice models- *audio slides*. Elsevier 2/14

**Presentations**

* “*Pulse of Vascular Surgery”* Presenter

AORN Congress 3/10

* “*Pulse of Vascular Surgery*” Intensive Course- Presenter

AORN Congress 3/11

* “*Fire Prevention in the OR*” In house Presenter

EMC 4/12

* *“Retention of Foreign Objects”* In house Presenter

EMC 6/12

* *“Patient Safety and Immediate Use Sterilization”* In house Presenter

EMC 7/12

* *“Stress and Lung Disease”*  Better Breathers EMC 2/13
* *“Best Practices of Cardiac and Vascular Surgery”* Intensive Course- Presenter

AORN Congress 3/13

* *“Travel and Lung Disease”*  Better Breathers EMC 4/13
* “*Diabetes Management: The Whole Picture”* Breakout session- Presenter

SVN Conference 5/13

* *“Anticoagulants and you”* In house Presenter

EMC 2/14

**Awards**

* Clarice Woodward Excellence in Writing award 2009,2010
* Cambridge Who’s Who among Healthcare Professionals and Executives 2009, 2011
* VIP 2010
* National Association of Professional Women Inductee 2010
* National Woman of Worth nominee 2009, 2010
* Nurse Week Nursing Excellence Award nominee 2009,2010
* AORN Award of Excellence Clinical Poster 2010
* 2010 Florence Nightingale award- Riverside Community Hospital
* Society for Vascular Nursing Clinical Excellence in Vascular Nursing Award 2010
* AORN Connections “Member making a difference” June 2010
* AORN Outstanding Achievement in Volunteerism 2011
* California State Legislature 2011 Notable Nurse Award
* 2011 Global Professional Network Who’s Who Registry Among Executives, Professionals and Entrepreneurs
* Covington Who’s Who- 2012